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Brain-derived neurotrophic factor (BDNF) gene polymorphism in a cohort of Egyptian primary open-angle glaucoma (POAG) patients



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Abstract

Background: Glaucoma is the second leading cause of blindness in the world with primary open-angle glaucoma (POAG) that is the most prevalent type. Brain-derived neurotrophic factor (BDNF) is a member of the neurotrophin family synthesized by retinal ganglion cells (RGCs). Disturbance of axonal transport of neurotrophins with optic nerve dystrophy results in deprivation of BDNF support to the RGCs inducing glaucomatous retinal cell death.

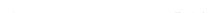
Materials and methods: This case-control study was conducted on 50 POAG patients (mean age 55 \pm 10) and 50 healthy control subjects (mean age 40 \pm 11). Both groups underwent full ophthalmological examination. Genomic DNA was extracted followed by BDNF rs2030324 genotyping by real time PCR.

Results: Correlation coefficient analysis showed significant positive correlation between age and right and left cup to disc ratio (r = 0.448, p = 0.001; r = 0.283, p = 0.004 respectively) and significant negative correlation between intraocular pressure and right and left VA (r = -0.212, p = 0.034; r = -0.258, p = 0.009 respectively). No significant difference between the 2 groups was found as regards genotype or alleles frequency distribution (p = 0.722).

Conclusion: This study did not succeed to illustrate the role of BDNF gene polymorphism (SNP rs2030324) as a risk factor for POAG occurrence. The mechanism of glaucoma development according to the BDNF polymorphism remains unclear.

Keywords: Open angle glaucoma, Brain derived neurotrophic factor, Gene polymorphism

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Introduction

Glaucoma is a chronic neurodegenerative disorder characterized by damage of retinal ganglion cells (RGCs) and their axons with deformation of the optic nerve head resulting in an irreversible loss of vision (Liu et al. 2018). Glaucoma is the second leading cause of blindness in the world. There are about 60 million people worldwide with glaucomatous optic neuropathy of which 8.4 million are blind. The global incidence of glaucoma is anticipated to increase to 76 million by 2020 and 111.8 million by 2040 (Tham et al. 2014). All forms of the disease have in common a characteristic potentially progressive optic neuropathy that is associated with visual field loss as damage progresses, and in which intraocular pressure (IOP) is a key modifiable factor (Brad Bowling 2016).

Death of RGCs is not completely understood, and the sole target for clinical intervention is increased IOP or ocular hypertension (Vidal-Sanz et al. 2012). Unfortunately, despite the reduction of IOP by medical or surgical treatment, progressive loss of vision is still noticeable. For this reason, there must be an IOP-independent mechanism, encouraging researchers to search for alternative treatment strategies aiming for neuroprotection of the retinal ganglion cell (Gupta and Yucel 2007).

The underlying cause of RGCs death in neurodegenerative diseases seems to be apoptosis; a programmed cell death. Processes that lead to apoptosis in the development of glaucoma include glutamate excite toxicity, blockage of axonal transport, antibodies to heat shock proteins, and ischemia (Nowak et al. 2015).

Normal axonal transport is vital to the well functioning of neurons, while retrograde transport of neurotrophins may be necessary for the survival of RGCs. One of the neurotrophins which shows a role in retrograde axonal transport is brain-derived neurotrophic factor (BDNF), which is important to the growth and survival of nerve cells (Pease, ME et al 2000; Kuehn et al. 2005).

In animal models of glaucoma, BDNF delivery to the retina is substantially reduced. Meanwhile, Pease and co-workers in 2000 have shown that the injection of BDNF into the vitreous cavity of rats with experimentally elevated IOP leads to increased cell survival of RGCs, compared with untreated eyes.

The *BDNF gene* is a protein-coding gene located on chromosome11p14.1; it contains 11 exons, 9 of which contain a specific promoter that regulates its expression (Modarresi et al. 2012). The rs2030324 SNP is in a non-coding intron region of the BDNF gene, it is T-to-C substitution. The biological mechanisms of the rs2030324 effects are not fully known but could potentially involve some effects on BDNF function in

neurons as genetic associations involving rs2030324in haplotypes have been reported, and also it was found to be associated with multiple sclerosis (Guttman Weinstock et al. 2011).

This study was conducted to assess the role of the brain-derived neurotrophic factor (BDNF) gene polymorphism (rs2030324) in primary open-angle glaucoma (POAG) patients.

Patients and methods Selection of patients

This case-control study was performed in the Chemical Pathology Department, Faculty of Medicine, Cairo University in collaboration with the Research Institute of Ophthalmology Hospital, from January 2016 until June 2017 performed on 100 subjects, non-familial related, recruited from outpatient clinic at the Research Institute of Ophthalmology.

The subjects were classified into two groups: group 1 included 50 patients with primary open-angle glaucoma (POAG) showing optic nerve and visual field changes compatible with glaucomatous damage; group 2 included 50 healthy control subjects without glaucoma symptoms with normal IOP, no changes in the optic nerve after examination of the fundus and no changes in the structure of the anterior and posterior segments of the eye by slit-lamp examination (Table 1). Informed consents were obtained before enrolment into the study.

Exclusion criteria among cases included (a) uveitis, trauma, or secondary glaucoma; (b) use of any eye drops other than anti-glaucoma preparations, present or past treatment with glucocorticoids or immunosuppressive therapy; (c) any ocular surgeries or laser treatments; and (d) diabetics.

Sample collection and storage

Two milliliters were collected in a sterile EDTA vacutainer for DNA extraction. Samples were kept frozen at – 80 °C until the time of analysis.

Methods

All patients and controls were subjected to the following:

a) Complete ophthalmological evaluations that included full medical history, best corrected visual acuity, slit-lamp examination, evaluation of the anterior chamber angle by goniolens, evaluation of IOP using applanation tonometer, fundus examination using the 90 diopter, and automated visual field analysis using 24-2 threshold test (Humphrey).

Table 1 Demographic, ocular parameters, and genotyping of the two studied groups

Parameter		Glaucoma group ($n = 50$)	Control group $(n = 50)$	P value
Age* (years)		55 ± 10	40 ± 11	0.72
Sex	Male, n (%)	21 (42)	23 (46)	0.68
	Female, <i>n</i> (%)	29 (58)	27 (54)	
Rt visual acuity**	(0.4 (0.2–0.6)	0.8 (0.7–1.0)	0.001
Lt visual acuity**		0.4 (0.1–0.7)	0.8 (0.6–1.0)	0.001
Rt IOP (mmHg)*		19.4 ± 5.8	16 ± 2.1	0.004
Lt IOP (mmHg)*		19.3 ± 4.5	17 ± 2.2	0.003
Rt cup to disc ra	tio**	0.5 (0.4–0.7)	0.3 (0.2–0.3)	0.004
Lt cup to disc ra	tio**	0.5 (0.3–0.8)	0.3 (0.2–0.4)	0.001
Rt mean deviation	on grade, n (%)			
Mild, 0 to - 6		18 (36)	0 (0)	
Moderate, – 6 to – 12		8 (16)	0 (0)	
Severe, ≥ - 12		22 (44)	0 (0)	
Blindness, optic atrophy		2 (4)	0 (0)	
Normal, no field changes		0 (0)	50 (100)	
Lt mean deviation	on grade, <i>n</i> (%)			
Mild, 0 to - 6		22 (44)	0 (0)	
Moderate, – 6 to – 12		6 (12)	0 (0)	
Severe, ≥ - 12		19 (38)	0 (0)	
Blindness, optic atrophy		3 (6)	0 (0)	
Normal, no field changes		0 (0)	50 (100)	
BDNF rs2030324	genotypes, n (%)			
TT homozygous wild		9 (18)	11 (22)	
TC heterozygous		30 (60)	26 (52)	0.722
CC homozygous mutant		11 (22)	13 (26)	
Alleles, n (%)				
T(n = 96)		48 (48)	48 (48)	1.0
C(n = 104)		52 (52)	52 (52)	

^{*}Mean ± SD

b) Laboratory investigations: analysis of BDNF genotype rs2030324 by real-time PCR using Taq-Man® Probe, ID assay no. 4351379, (Applied Biosystems, Foster City, California, USA), performed on ®Step One Real-time PCR system (Applied Biosystems). It was done in two steps:

Step 1: Extraction of genomic DNA from peripheral blood leucocytes was performed by QIAamp DNA blood mini-kit (Qiagen, Hilden, Germany) which contains silicagel spin columns (Boom et al. 1990). The concentration of DNA was determined by measuring the absorbance at 260 nm (A260) using the Nanodrop spectrophotometer. The ratio of the readings at 260 nm and 280 nm (A260/A280) provides an estimate of the purity of DNA. DNA used in this study has an A260/A280 ratio of 1.7:1.9.

Step 2: BDNF rs2030324 genotyping by real-time PCR allelic discrimination, TaqMan MGB (minor groove binder) probes assay. The total reaction volume was 20 μ l/well using the following amplification protocol: an initial activation of AmpliTaq Gold DNA polymerase for 10 min at 95 °C, followed by 40 PCR cycles, each cycle consisted of: denaturation at 92 °C for 15 s, annealing at 60 °C for 60 s and finally extension at 60 °C for 60 s. The Sequence Detection System (SDS) software used the fluorescence measurements made during the plate read to plot fluorescence (Rn) values based on the signals from each well. The plotted fluorescence signals indicated which alleles were in each sample.

Statistical analysis

Data were statistically described in terms of mean \pm standard deviation (\pm SD), median and (25th–75th

^{**}Median (25th-75th percentile)

percentile), or frequencies and percentage when appropriate. Comparison of numerical variables between the study groups was done using the Student t test for parametric data and Mann–Whitney for nonparametric data in comparing 2 groups. For comparing categorical data, chi-square (χ^2) test was performed. Exact test was used instead when the expected frequency is less than 5. P values less than 0.05 was considered statistically significant. Correlation was done using Spearman's correlation statistics. All statistical calculations were done using computer program SPSS (SPSS Inc., Chicago, IL, USA) release 15 for Microsoft Windows (2006).

Results

The two groups showed significant difference in ocular parameters: right and left VA, IOP, and C/D ratio (P < 0.05) (Table 1), the two groups were sex matched (P = 0.687). BDNF rs2030324 genotypes and alleles distribution between the two groups showed no significant difference (P = 0.722). There was no statistical significance association between BDNF genotypes distribution and any of ophthalmological clinical parameters (P > 0.05) (Table 2).

Spearman's correlation coefficient analysis showed a statistical significant correlation between the following parameters (Table 3):

- Age with Rt and Lt visual acuity: significant negative correlation (r = -0.473, P = 0.001; r = -0.453, P = 0.001 respectively)
- Age with Rt and Lt C/D: significant positive correlation (r = 0.448, P = 0.001; r = 0.283 P = 0.004 respectively)

- Lt IOP with Rt and Lt VA: significant negative correlation (r = -0.212, P = 0.034; r = -0.258, P = 0.009 respectively)
- Rt MD with Lt MD: significant positive correlation (r = 0.729, P = 0.001)
- Lt C/D with Rt VA: significant negative correlation (r = -0.253, P = 0.011)
- Rt C/D with Rt and Lt VA: significant negative correlation (r = -0.404, P = 0.001; r = -0.267, P = 0.007 respectively)
- Rt C/D and Lt C/D: significant positive correlation (r = 0.717, P = 0.001)
- Lt IOP and Rt IOP: significant positive correlation (r = 0.621 P = 0.001) (Table 1)

Data presented as number and percent (%)

Discussion

Glaucoma along with Alzheimer's disease (AD), Parkinson's disease (PD), and multiple sclerosis (MS) is classified as a neurodegenerative disorder. There are resemblances in cellular events that lead to the development of glaucoma in the aforementioned diseases. Moreover, optic nerves from AD patients are characterized by the loss of RGCs, the earliest dying cells in glaucoma (Nowak et al. 2015). POAG accounts for three-quarters (74%) of all glaucoma cases and has a complex hereditary component; it has been associated with at least 20 loci in the human genome (Brad Bowling 2016).

BDNF is one of the key neurotrophic factors in glaucoma that is reduced in the optic nerve head and serum of POAG patients, suggesting that BDNF may be a biomarker for glaucoma. It is encoded by BDNF gene on chromosome11p14.1 (Kimura et al. 2016). BDNF mediates protection from apoptosis by p53

Table 2 Association between sex, MD of visual field with grades, and BDNF genotypes frequency in glaucoma group only

		Glaucoma group, $n = 50$			P value
		\overline{TT} $(n = 9)$	TC (n = 30)	CC (n = 11)	
Sex	Male (n = 21)	2 (22)	13 (43)	6 (55)	
	Female ($n = 29$)	7 (78)	17 (56)	5 (46)	0.337
Rt mean deviat	tion grade, n (%)				
Mild, 0 to - 6		3 (33)	10 (33)	5 (46)	0.894
Moderate, -6 to -12		2 (22)	4 (13)	2 (18)	
Severe, ≥ -12		4 (45)	14 (47)	4 (36)	
Blindness, optic atrophy		0 (0)	2 (7)	0 (0)	
Lt mean deviation grade, n (%)					0.805
Mild, 0 to - 6		5 (56)	12 (40)	5 (46)	
Moderate, -6 to -12		0 (0)	4 (13)	2 (18)	
Severe, ≥ - 12		3 (33)	12 (40)	4 (36)	
Blindness, optic atrophy		1 (11)	2 (7)	0 (0)	

Table 3 Correlations between clinical parameters among all studied subjects

	Age	Rt VA	Lt VA	Rt IOP	Lt IOP	Rt C/D	Lt C/D	Rt MD	Lt MD
Age		r = -0.473* P = 0.001	r = -0.435* P = 0.001	r = 0.101 P = 0.318	r = 0.150 P = 0.136	r = 0.448* P = 0.001	r = 0.283* P = 0.004	r = -0.270 P = 0.066	r = -0.182 P = 0.220
Rt VA	r = -0.473* P = 0.001		r = 0.726* P = 0.001	r = -0.153 P = 0.130	r = -0.212* P = 0.034	r = -0.404* P = 0.001	r = -0.253* P = 0.011	r = 0.432 P = 0.002	r = 0.271 P = 0.066
Lt VA	r = -0.435* P = 0.001	r = 0.726* P = 0.001		r = -0.154 P = 0.125	r = -0.258* P = 0.009	r = -0.267* P = 0.007	r = -0.183 P = 0.068	r = 0.194 P = 0.191	r = 0.301 P = 0.040
Rt IOP	r = 0.101 P = 0.318	r = -0.153 P = 0.130	r = -0.154 P = 0.125		r = 0.621* P = 0.001	r = 0.086 P = 0.394	r = 0.132 P = 0.192	r = 0.159 P = 0.286	r = 0.094 P = 0.528
Lt IOP	r = 0.150 P = 0.136	r = -0.212* P = 0.034	r = -0.258* P = 0.009	r = 0.621* P = 0.001		r = 0.044 P = 0.665	r = 0.125 P = 0.215	r = 0.104 P = 0.488	r = -0.008 P = 0.957
Rt C/D	r = 0.448* P = 0.001	r = -0.404* P = 0.001	r = -0.267* P = 0.007	r = 0.086 P = 0.394	r = 0.044 P = 0.665		r = 0.717* P = 0.001	r = -0.053 P = 0.725	r = 0.151 P = 0.311
Lt C/D	r = 0.283* P = 0.004	r = -0.253* P = 0.011	r = -0.183 P = 0.068	r = 0.132 P = 0.192	r = 0.125 P = 0.215	r = 0.717* P = 0.001		r = 0.131 P = 0.380	r = -0.023 P = 0.876
Rt MD	r = -0.270 P = 0.066	r = 0.432 P = 0.002	r = 0.194 P = 0.191	r = 0.159 P = 0.286	r = 0.104 P = 0.488	r = -0.053 P = 0.725	r = 0.131 P = 0.380		r = 0.729* P = 0.001
Lt MD	r = -0.182 P = 0.220	r = 0.271 P = 0.066	r = 0.301 P = 0.040	r = 0.094 P = 0.528	r = -0.008 P = 0.957	r = 0.151 P = 0.311	r = -0.023 P = 0.876	r = 0.729* P = 0.001	

Rt VA right visual acuity, Lt VA left visual acuity, Rt IOP right intraocular pressure, Lt IOP left intraocular pressure, Rt C/D right cub to disc ratio, Lt C/D left cub to disc ratio, Rt MD right mean deviation, Lt MD left mean deviation

activation and exerts its pro-survival effects by binding to its receptor TrkB (Tropomyosin *receptor* kinase B), activating signaling pathways (Gupta et al. 2014). In animal models of glaucoma, BDNF delivery to the retina is reduced. However, injection of BDNF into the vitreous cavity of rats with experimentally elevated IOP leads to increased cell survival of RGCs (Nowak et al. 2015).

The rs2030324 polymorphism is located in the promoter site of BDNF gene; hence, it might have an influence on gene expression. Up to our knowledge, the rs2030324 SNP has not been investigated in patients of POAG in Egypt, neither on a wide nor on a narrow scale.

In the current study, Rt and Lt IOP and Rt and Lt C/D were significantly higher among glaucomatous patients than that among controls (P = 0.004 and P = 0.004 respectively). However, there was no statistical significant association between clinical parameters of both Rt and Lt (VA, IOP, C/D, and MD) and different BDNF genotypes SNP rs2030324 (P > 0.05). Moreover, there was no significance difference in BDNF genotypes or alleles frequencies between glaucoma patients and controls.

In contrast to our results, Nowak et al. (2015) found a significant higher frequency of the TT, TC genotype, and T allele of BDNF SNP rs2030324 (P < 0.001) in patients with POAG compared with the controls. Their study was performed by PCR-RFLP method on a large cohort of 769 unrelated Caucasian polish subjects: 363 POAG patients and 406 healthy controls. Their results

showed association between BDNF genotypes and disease progression, where they found an increase in C/D in associated with TT BDNF genotype (P = 0.004).

This discrepancy between results may be due to different ethnic groups, racial differences, sample size, poorly characterized controls, and use of different methods for genotyping.

By analysis of BDNF expression level in the same study, Nowak et al. (2015) found no significant differences in serum BDNF mRNA expression levels between POAG patients and the controls (P > 0.05), while analysis of the BDNF expression level in relation to the clinical parameters showed a decrease of mRNA expression levels with a decrease of the RA value (rim area) (P = 0.011). RA reflects the real amount of nerve fibers in optic disc, which may indicate the protective role of BDNF in the development of glaucoma.

Another polymorphic site (196G/A) of BDNF gene was evaluated by Nowak et al. (2014) on 362 unrelated Caucasian polish subjects (169 POAG patients and 193 healthy controls). They found no significant association in frequency of BDNF (196G/A) genotypes or alleles and POAG. It seems that other polymorphic variants of BDNF gene may be involved in the development of POAG.

Conclusion

To the contrary of numerous data suggesting a role of BDNF in the pathogenesis and progression of

^{*}Correlation is significant at the 0.05 level

glaucoma, this study did not succeed to illustrate the role of BDNF gene polymorphism (SNP rs2030324) as a risk factor for POAG occurrence. The mechanism of glaucoma development according to the BDNF polymorphism remains unclear, so we recommend (1) further studying of BDNF gene polymorphism SNP rs2030324 on larger sample size, (2) studying other SNPs of BDNF gene that may have a role in POAG, and (3) using DNA sequencing techniques for detection of different BDNF gene polymorphisms and other genes involved in the neurodegeneration mechanism for better understanding of the molecular basis of POAG and to find early diagnostic markers of POAG development

Abbreviations

Equipment

BDNF: Brain-derived neurotrophic factor; POAG: Primary open-angle glaucoma; RGCs: Retinal ganglion cells; VA: Visual acuity

Source

Disclosure statement

The authors declare that they do not have conflict of interest.

1-Pcr (TProfessional Basic)	Research Institute of Ophthmology (RIO)		
2-Gel electrophoresis unit used in this study was provided by Biometra, Germany (Model: Compact M).	Research Institute of Ophthmology (RIO)		
Kit	Source		
1-Blood sample	Research Institute of Ophthmology (RIO)		
2-DNA extraction	(Qiagen, Hilden, Germany		
3-Dream <i>Taq</i> DNA polymerase	Thermo Scientific		
4-primers	Thermo Scientific		
5-Agarose A and Tris-Borate-EDTA (TBE)	Biobasic, Canada		
6-GeneRuler 20 bp	Thermo Scientific		

Authors' contributions

MF developed the research idea of scientific and legal aspects and supervising the practical part carried studies out the molecular genetics. AMD supervised the part of the biochemistry practical and theoretical work, participated in the sequence alignment and drafted the manuscript. SS supervised the part of the practical and theoretical genetic work, carried out the immunoassays and revised the manuscript. HMEH worked the practical and theoretical part of the research, participated in the sequence alignment and drafted the manuscript FMG worked the practical and theoretical part of the research, participated in the design of the study. IAF diagnosed patients of diabetic retinopathy, performed the statistical analysis, and helped to revise the manuscript. SMH diagnosed patients of diabetic retinopathy conceived of the study, and participated in its design and coordination and helped to draft the manuscript. All authors read and approved the final manuscript.

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Availability of data and materials

All authors declare that the data and materials are available.

Ethics approval and consent to participate

The study was approved by the ethical committee of the Research Institute of Ophthalmology.

Consent for publication

All authors declare that they approved the publication of this research in the Bulletin of National Research Center.

Competing interests

The authors declare that they have no competing interests.

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