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The heart versus the brain, are they also different when it comes to post-vaccination complications, insights from a systematic review of post-COVID-19 vaccines ADEM cases

Antoine AbdelMassih^{1,2*}, Aya Kamel³, Ameera Barakat⁴, Lana Mohammad⁴, Hanya Gaber⁵, Yasmine Hisham Mousa⁵, Hana Hassanein⁶, Robert Saleb⁵ and Noha Khalil⁷

Abstract

Background COVID-19 vaccines have been a game changer in the pandemic, their extensive use was favorable compared to the burden of COVID-19 complications. Despite the low incidence of complications, it was important to analyze them carefully to understand the underlying mechanisms and predisposing factors. For instance, myopericarditis especially from mRNA vaccines, and its relatively higher prevalence in young adults and adolescents has raised a public concern about the use of this vaccine in this group. We aimed through this review to compare the age likelihood of ADEM from COVID-19 vaccines, with that reported in myopericarditis cases; secondary outcome parameters included the gender and number of doses needed to induce COVID-19 vaccines related to ADEM.

Methodology A literature search has been conducted on relevant databases to retrieve all case reports/series and systematic reviews describing ADEM with possible linkage to COVID-19. Exclusion criteria included any report not including the desired outcome parameters. Our results were then qualitatively compared with a similar systematic review reporting myopericarditis from COVID-19 vaccines.

Results In 38 cases with ADEM, mean age was 49 ± 16 compared to 25 ± 14 in myopericarditis, females were more likely to be affected, and while most of myopericarditis cases develop after the second dose, most of ADEM cases develop after the first dose (76%). Moreover, age > 56 years was more predictive of negative outcome after ADEM in the form of death or permanent vegetative state.

Short conclusion The discrepancy in age, gender and number of doses needed to induce complications between ADEM and myopericarditis, signify that the tissue affected is the major orchestrator of the age, gender, and dose characteristics, and not the type of vaccines. A leakier blood brain barrier with aging, might allow easier passage of autoantibodies and cytokines into the brain while lack of inhibitory immune checkpoints in the myocardium in young age might explain the higher prevalence of those cases in young adults and adolescents.

Keywords COVID-19 vaccines, ADEM, Myopericarditis

*Correspondence: Antoine AbdelMassih antoine.abdelmassih@kasralainy.edu.eg Full list of author information is available at the end of the article



Background

There has been a dilemma in the diversified sequelae of post-COVID-19 (coronavirus disease 2019) mRNA (messenger Ribonucleic acid) vaccinations. Although most of the outcomes are satisfactory, and vaccination benefits outweighs the risk, there have been some case reports that intrigued further analysis. A study conducted by Minghui Li et al. assessed the incidence rate of myocarditis and pericarditis following COVID-19 vaccination in the USA in perspective to age group and vaccine type (Li et al. 2021). It was found that the rates of myocardial affection are more prevalent in adolescents and young adults than in older age groups while using the mRNA vaccines. As the reporting odds ratio (ROR) of BNT162b2 (Pfizer-Biontech) and mRNA-1273 (Moderna) vaccine subtypes were higher than the ROR of viral vector vaccines of Ad26.COV2. S (Janssen), 5.3, 2.91 and 1.39, respectively. Another study supports the outcomes of mRNA vaccination post-COVID-19 in youths. A retrospective study was implemented by Dongngan T. Truong et al., and the results of the collected data on patients < 21 years old following mRNA vaccination were significant. (Truong et al. 2022) The incidence of suspected myocarditis in younger patients was noticeable.

The affection of young age by postvaccine myocarditis has not only be observed with mRNA vaccines; as myocardial and pericardial complications can also occur in young age groups following the smallpox vaccine, not only after the COVID-19 mRNA vaccine. This can be supported by an observational cohort study conducted by Engler et al., where the outcomes of smallpox vaccines were elaborated (Engler et al. 2015). Three hundred and forty-eight individuals out of over 5000 case reports that showed side effects post smallpox vaccination, manifested with cardiological adversities such as myocarditis and pericarditis: 276 and 72 cases, respectively. The median age of the myopericarditis cases was 24 years old, emphasizing the prevalence of myocarditis post-vaccination in the younger segment of the age spectrum, irrespective to vaccination subtype.

This young age trend for postvaccine myocarditis, regardless of the type of vaccine, is poorly understood.

In contrast, postvaccine acute disseminated encephalomyelitis (ADEM), tend to occur in a relatively older age. A report by Huynh and colleagues illustrated a case of 61-year-old male with ADEM following influenza vaccine, while Nakamura et al. documented two adult cases aged 62 and 70 with post-influenza vaccine ADEM (Huynh et al. 2008; NAKAMURA et al. 2003). The rest of systematic reviews were mainly focused on postvaccine neurologic sequelae overall and not specifically targeting the specific age of ADEM following different types of vaccines. In addition most of the studies

assessing postvaccine ADEM, cannot be reliably cited as the involved vaccines are exclusive childhood compulsory vaccines, thus they cannot reflect the true age trend of postvaccine ADEM. (Sejvar 2005; Williams et al. 2011).

It seems, from the above that age likelihood of post-vaccine tissue affection, might be related to the tissue characteristics rather than to the vaccine type. For this purpose, we dedicate this systematic review, to study the age likelihood of acute disseminated encephalomy-elitis (ADEM), post-COVID-19 vaccination specifically post-mRNA COVID-19 vaccines. We hypothesize that we might find a discrepancy between the mean age of ADEM cases reported after COVID-19 vaccines compared to myocarditis seen after the same vaccines. The latter finding might consolidate our initial impression that tissue characteristics might be closely tied to the age predilection of post-vaccination immune sequelae in the respective tissue.

Methodology

Inclusion and exclusion criteria for literature search

A literature search was implemented on PubMed, Scopus, Google scholar and Web of science to identify studies using the following key words ADEM **and** COVID-19 vaccination. The bibliography of any identified study was clearly inspected to find any report that could have been missed during the initial computer run.

Inclusion criteria included any age, developing ADEM after COVID-19 vaccination, accepted type of studies were systematic reviews, case reports, and case series.

Studies not fulfilling the outcome parameters targeted by the study were excluded.

Outcome parameters

Three of the authors examined each study for the following outcome parameters: age, gender, type, and dose of the vaccine incriminated, the time interval between the vaccination and the development of ADEM, the main neurologic presentation, the treatment lines used, and the outcome of the case.

Statistical analysis

Data collected were analyzed using Excel and MedCalc statistical software. Numerical data were represented using mean and standard deviation when normally distributed and using median, minimum, and maximum when non-normally distributed. Non-recovery was defined as persistence of neurologic abnormalities, vegetative state or death in our collected cases, this categorical division was essential to perform a Receiver Operating Characteristic analysis (ROC) to determine the cut-off age predicting non-recovery from ADEM

developing from COVID-19 vaccines. The latter was represented using an interactive dot diagram.

Results

A systematic review has been identified (Nabizadeh et al. 2023) including 20 studies, out of which 19 were eligible to be included in our review: (Ahmad, Timmermans, and Dakakni 2022; Al-Quliti et al. 2022; Ancau et al. 2022; Ballout et al. 2022; Cao and Ren 2022; Kania

et al. 2021; Lazaro et al. 2022; Maramattom et al. 2022; Miyamoto et al. 2022; Mumoli et al. 2022; Nagaratnam et al. 2022; Netravathi et al. 2022; Ozgen Kenangil et al. 2021; Permezel et al. 2022; Rinaldi et al. 2022; Shimizu et al. 2021; Simone et al. 2021; Vogrig et al. 2021; Yazdanpanah et al. 2022) (Fig. 1).

In addition to the 19 studies included, our literature search has identified nine other studies:

PRISMA 2020 flow diagram for our systematic review to show study selection process.

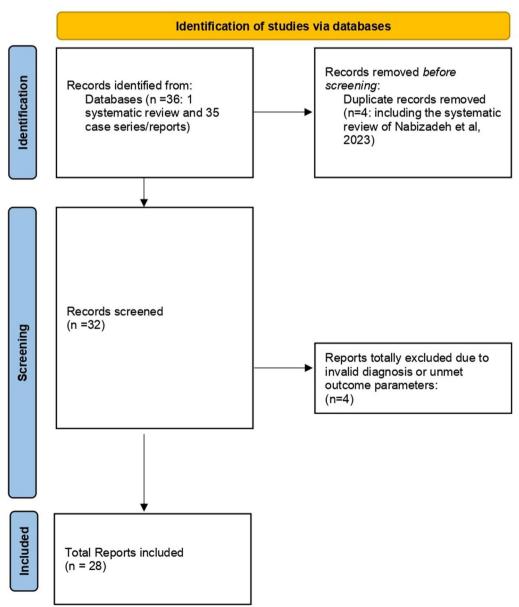


Fig. 1 PRISMA flow chart

(Bastide et al. 2022; Garg et al. 2023; Gustavsen et al. 2023; Lohmann et al. 2022; Mousa et al. 2022; Nimkar et al. 2022; Raknuzzaman 2021; Sazgarnejad and Kordipour 2022). Thus, a total of 28 studies were analyzed comprising a total of 38 cases. (Table 1).

Most of the cases were attributed to the adenoviral vector vaccines (63%) ADEM occurred following the first dose of vaccination (76%), with a median interval of 14 after vaccination. (Table 2).

The oldest age seen in ADEM cases following vaccination was seen in patients receiving mRNA vaccines (57 ± 19) compared to a mean of 48 ± 14 following adenoviral vector vaccines.

Complete recovery was observed in 37% of patients, while non-recovery (defined as residual motor deficit or the development of vegetative state) or death was observed in a total of 45% of cases. (Table 2).

Receiver operating characteristic analysis illustrated as an interactive dot diagram showed that an age > 56, predicts non-recovery in ADEM cases following post-COVID-19 vaccines. (Fig. 2).

Treatment received was mainly steroids (oral and pulse intravenous), intravenous immunoglobulins, and plasma exchange. While only three cases received rituximab (8%), and one received eculizumab and another one received cyclophosphamide (3%) (Table 1). Table 1 illustrates the details of each case in the included cases and case reports.

Discussion

Our review describes the demographic, and clinical characteristics of a rare complication of COVID-19 vaccines. It is the second systematic review of reported cases in this context, after Nabizadeh et al. study(Nabizadeh et al. 2023), however with a different aim. The aim of our systematic review was mainly to study the differences of age predisposition, type of vaccine and number of doses between myocarditis and ADEM following COVID-19 vaccines. Several major differences were observed, notably the number of literature reports, which points to a relatively higher incidence of myocarditis as our group could only find 28 reports with a total of 38 cases compared to thousands of cases of myopericarditis in the literature; this can make the comparison between the two complications flawful, as the scarcity of ADEM reports is not very helpful to draw solid conclusions.

However, we still decided to compare the aforementioned outcome parameters across the two complications. We took Goyal et al. study as a reference for myopericarditis cases as it shares the different outcome parameters intended in our study, and it is not a VAERS based study; thus, its results can be qualitatively compared to the results of our research. (Goyal et al. 2023).

Age of clustered ADEM cases was 49 ± 16 compared to 25 ± 14 in myopericarditis cases. The young age of myopericarditis especially from mRNA vaccines, lead to fears among parents, planning to vaccinate their children using these vaccines, and led to an overall impression that mRNA vaccines might be associated with increased complications' rate at the young age. Our study contradicts this false belief, as it clearly shows that ADEM occurring from mRNA vaccines is likely to occur in older age groups compared to myocarditis and to ADEM cases from other COVID-19 vaccines. Nevertheless, older age was also predictive of worst outcomes in our collected cases (Fig. 2), patients older than 56 were more prone to develop residual neurologic deficit, vegetative state, or death. This might also mean that age likelihood and other demographic characteristics of any vaccine complication are related to the type of the complication and tissue involved rather than the vaccine type.

One of the theories that can explain the young age of myocarditis from COVID-19 and other vaccines (such as vaccinia virus vaccine used for smallpox) is the mechanism of immune inhibition inside the myocardium. The heart muscle harbors a strict system for immune surveillance, that can prevent any immune-mediated damage, this immune surveillance is particularly important in the heart as the regenerative capacity of myocardial cells is absent.

Two main mechanisms of peripheral tolerance protect myocytes from T cell damage namely cytotoxic T-lymphocyte-associated protein-4 (CTLA4), and Programmed cell protein death-1 (PD1). CTLA4 and PD1 block T cell activation by binding to CD-28 receptors on the surface of T cells, thereby preventing any viral antigen from its activation. (Grabie et al. 2019) The myocardial protection from autoimmunity, offered by inhibitory immune checkpoints, such as PD1, is upregulated by aging, which might mean that the susceptibility of myocardium to immune-mediated inflammation, should decrease with aging. (Platt et al. 2017) On another note, antibodies implicated in CNS autoimmune inflammation, must gain access to the CNS via the blood brain barrier, olfactory route, or blood-cerebrospinal fluid barrier, or sometimes produced locally witing the CNS itself. The latter mechanism has been particularly of focus in multiple sclerosis, as Quintana and colleagues proved the present of myelin reactive antibodies that are locally produced in the brain. There also hypotheses that postinfectious ADEM, which is intriguingly common in the pediatric age group, involves the local production of antibodies in the CNS against viral antigen entering the CNS through the olfactory route. But, for antibodies, to gain access to the CNS, this implies a leakier BBB Blood brain barrier) or BCSFB (Blood cerebrospinal fluid barrier),

 Table 1
 Details of the included cases

| Report | Age | Main Vaccine mechanism | Subtype of vaccine | The interval between vaccine and sequelae (days) | Dose Number Gender Clinical Picture | Gender | Clinical Picture | Treatment received | Recovery/Residual lesion |
|--|-----|------------------------------|-------------------------------|--|-------------------------------------|--------------|---|---|--|
| Raknuzzaman (2021) | 55 | - | mRNA (unspecified subtype) | 21 | Z Z | 2 | Headache, somno- lence, fluctuating alert- ness, and orientation consistent with delir- ium and convulsions | MP then oral steroids | full recovery |
| Mousa et al. (2022) | 4 | - | mRNA (unspecified subtype) | 9 | | _ | Blurred vision, DCL, lower limb weakness, impaired sensation, urine retention | IV, oral steroids and plasmapheresis | Bilateral optic atrophy |
| Shimizu et al. (2021) | 88 | - | BNT162b2 | 29 | | - | impaired conscious- ness and gaze-evoked nystagmus | Improved on pulse IV methylprednisolone for 3 days | Progressive improve- ment on day 31 and day 66 |
| Kits et al. (2022) | 53 | - | BNT162b2 | 2 | 5 | 2 | Confusion and unconsciousness (GCS of 7), agitation, snoring, anisocoria, and reduced voluntary movements in the left arm and leg | MP, IVIG, PP | Remained in vegetative state |
| Ahmad, Timmermans, and Dakakni (2022) | 19 | - | BNT162b2 | 70 | _ | _ | Generalized weakness and altered mental status | steroids and IVIG | Required tracheostomy and gastrostomy tube due to generalized weakness |
| Miyamoto et al. (2022) | 54 | - | BNT162b2 | 12 | | - | Fever, urine retention, headache, DCL, facial palsy | MP, IVIG, PP | Well recovered |
| Lohmann et al. (2022) | 89 | - | BNT162b2 | 23 | - | _ | Exacerbating of preexisting paraparesis | Improved on IV steroids and plasma- pheresis. Also received eculizumab | Residual paraparesis |
| Vogrig et al. (2021) | 99 | - | BNT162b2 | 14 | _ | - | unsteadiness of gait, predominantly on the left side, fol- lowed by clumsiness of left arm | Steroids | Improvement in gait stability, being able to walk without aid. Mild dysmetria and intention tremor of the left upper limb were still present |
| Kania et al. (2021) | 6 | - | mRNA-1273 | 14 | _ | _ | Severe headache, fever (37.5 °C), back and neck pain, nausea and vomiting and uri- nary retention | MP | Residual mild headache |

Table 1 (continued)

| Age Main | Subtype of vaccine | The interval between | Dose Number Gender Clinical Picture | Gender | Clinical Picture | Treatment received | Recovery/Residual |
|------------------------------|---|--------------------------------|-------------------------------------|--------------|--|--|--|
| mechanism | ms | vaccine and sequelae (days) | | | | | lesion |
| 1 18 | mRNA-1273 | 13 | | 2 | Coma | MP, IVIG, PP | Death |
| 67 2 | ChAdOX1 nCoV-19 | 4- | nr | - | symptoms of encephalopathy | The patient was given steroids, and a good response was reported | good response was reported |
| 77 2 | ChAdOx1 nCov-19 | 15 | - | - | Altered sensorium for four hours, aphasia for four hours, and loss of consciousness within one hour. Altered mental status for 15 days | ₽ | vegetative state |
| 49 2 | ChAdOx1 nCoV-19 | 7 | - | - | flu-like symptoms with fever, fatigue, neck pain, paraesthesia in both legs, up to the chest, Lhermitte's phenomenon and sphincter dysfunction | MP then readmission/ PP, rituximab | 3 relapses, residual paraparesis |
| 36 2 | ChAdOx1 nCoV-19 | 14 | | - | Reduced visual acuity, headache, fatigue, painful eye movement | Significant improvement on IV and oral steroids | Mild impairment of visual acuity, one relapse |
| 64 2 | ChAdOx1 nCoV-19 | 20 | 2 | 7 | leg stiffness hand parathesia | IMG | Mild residual paresis |
| 46 2 | ChAdOx1 nCoV-19 | 4 | _ | 2 | LL weakness | IVIG, MP | Improvement |
| 42 2 | ChAdOx1 nCoV-19 | 5 | - | - | headache/photo- phobia | | spontaneous improve- ment |
| Al-Quliti et al. (2022) 56 2 | ChAdOx1 nCoV-19 | 10 | _ | _ | LL weakness | MP | Complete resolution |
| 61 2 | ChAdOx1 nCoV-19 | 2 | _ | 2 | Coma | MP | vegetative state |
| 25 2 | ChAdOx1 nCoV-19 | 6 | - | | Ascending weakness and numbness | MP/plasma exchange | Persistent hemiplegia |
| 55 2 | ChAdOx1 nCoV-19 | 6 | _ | _ | Tetraparesis | Steroids | Death |
| Mumoli et al. (2022) 45 2 | ChAdOx1 nCoV-19 | 7 | — | 2 | Paraparesis and urine retention | MP | Persistence of urine retention |
| 45 2 | ChAdOx1 nCoV-19 | 12 | — | 7 | Numbness, decreased visual acuity | I | Complete recovery |
| Permezel et al. (2022) 63 2 | ChAdOx1 nCoV-19 | 12 | - | 2 | Coma | MP-PP | Death |
| 45 45 63 | ChadOx1 nCoV-19 ChadOx1 nCoV-19 ChadOx1 nCoV-19 | 7 12 12 | | | 2 2 2 | | Paraparesis and urine retention Numbness, decreased visual acuity Coma |

Table 1 (continued)

| Report | | | | | | | | | |
|--|--------------|------------------------------|--|--|-------------------------------------|--------|---|--|--|
| | Age M & M | Main Vaccine mechanism | Subtype of vaccine | The interval between vaccine and sequelae (days) | Dose Number Gender Clinical Picture | Gender | Clinical Picture | Treatment received | Recovery/Residual Iesion |
| Netravathi et al. (2022) 54 | 7 | | ChAdOx1 nCoV-19 | 14 | ← | _ | Quadriparesis | MP+PP | NR |
| 35 | 2 | | ChAdOx1 nCoV-19 | 6 | - | _ | Paraparesis and sen- sory disturbances | MP | N. |
| 33 | 7 | | ChAdOx1 nCoV-19 | 41 | _ | _ | Persistent sen- sory disturbances below midthoracic level | MP+PP | X. |
| 09 | 7 | | ChAdOx1 nCoV-19 | 41 | 7 | 2 | Sensory disturbances, left hemiparesis, memory and behavior disturbances | MP | ¥. |
| 45 | 2 | | ChAdOx1 nCoV-19 | 10 | · · | 7 | Urine retention, altered sensorium | MP+PP | ZZ Z |
| 52 | 2 | | ChAdOx1 nCoV-19 | 35 | _ | _ | Slurred speech, swal- lowing difficulties, paresis involving right side | MP + rituximab | Ÿ. |
| 20 | 2 | | ChAdOx1 nCoV-19 of the COVAX initiative | - | _ | _ | Paraparesis and altered sensorium | MP+PP | NR |
| Gustavsen et al. (2023) 31 | 7 | | Ad26.COV2 | 28 | - | _ | right-sided weak- ness and numbness during a three-week period | MP | complete clinical recovery at the four-month follow-up |
| Lazaro et al. (2022) 26 | 2 | | <i>Gam</i> -COVID-Vac (sputnik) | 28 | - | _ | Disorientation/gait imbalance | MP | Complete resolution |
| Simone et al. (2021) 51 | 2 | | Adenoviral vector vaccine (unspecified) | 1 | nr | _ | Paraparesis and urine retention | MP, | Improved |
| Sazgarnejad and Kordi- 45 pour (2022) | M | | BBIBP-Co₁V | 28 | _ | 7 | Acute disorientation and fever | No significant improvement on pulse corticosteroids and plasmapheresis. Also received cyclophosphamide and rituximab | Residual aphasia and paresis |
| Cao and Ren (2022) 24 | \sim | | BBIBP-CorV | 14 | _ | _ | Memory decline | IMG | Complete resolution |
| Yazdanpanah et al. 37 (2022) | Ω | | BBIBP-CorV | 30 | _ | 2 | Tetraparesis | MP+PP | Improvement of motor function |

Table 1 (continued)

| Report | Age | Main Vaccine mechanism | Subtype of vaccine | The interval between Dose Number Gender Clinical Picture vaccine and sequelae (days) | Dose Number | Gender | Clinical Picture | Treatment received Recovery/Residual lesion | Recovery/Residual Iesion |
|---------------------------------|-----|------------------------------|--------------------|--|-------------|--------|------------------|---|-----------------------------|
| Ozgen Kenangil et al. (2021) | 46 | 3 | CoronaVac | 30 | 2 | 1 | Seizure | Steroids | Persistence of abnormal MRI |

Ad26.COV2 Janssen vaccine, BBIBP-CovV Sinopharm, BNT162b2 Pfizer Biontech vaccine, CoronaVac Sinovac, ChAdOx 1 nCoV-19 Chimpanzee (Ch) adenovirus-vectored vaccine (Ad), whose development was led by the University of Oxford (Ox), Gam-COVID-VacGam Gamaleya, COVID-Sputnik Vaccine, IVIG Intravenous immunoglobulins, IV intravenous, LL Lower limb, MRI magnetic resonance imaging, MP Methylprednisone, NR Not reported, PP Plasmapheresis

Table 2 Summary statistics of ADEM developing following COVID-19

| Age in patients receiving mRNA vaccines. Mean ± SD | 57±19 |
|--|-------------------------------------|
| Age in patients receiving adenoviral vaccines. Mean ± SD | 48±14 |
| Age in patients receiving inactivated vaccines. Mean ± SD | 38±10 |
| Age in overall patients Mean ± SD | 49±16 |
| Sex distribution in the collected cases n (%) | Female 25(66) |
| | Male 13(34) |
| Major vaccine type distribution in the collected cases n (%) | mRNA 10(26) |
| | Adenoviral vector 24 (63) |
| | Inactivated 4 (11) |
| Dose distribution in the collected cases n (%) | 1st dose 29 (76) |
| | 2nd dose 6 (16) |
| | NR 3 (8) |
| Interval between vaccination and ADEM Median (min–max) | 14 |
| Major outcome of collected cases n (%) | Complete clinical recovery 14 (37) |
| | Residual Neurologic deficit 10 (26) |
| | Vegetative state 4 (11) |
| | Death 3 (8) |
| | NR 7 (18) |

ADEM Acute disseminated encephalomyelitis, COVID-19 Coronavirus disease, mRNA Messenger Ribonucleic acid, n number, NR not reported, SD standard deviations

this can be understandable in post-infectious ADEM, where implicated micro-organisms weaken the tight junctions of the BBB, and this allows access of cross-reactive antibodies to the brain (Spindler and Hsu 2012); but this cannot be the case in post-vaccination ADEM, as no offending organism is present to play this synergistic getaway role. An explanation for antibody access to the CNS in post-vaccination ADEM, is aging. If aging protects the myocardium against autoimmunity, it plays an inverse role in the CNS by rendering the BBB and BCSFB more permeable to antibodies and to external antigens. (Adesse et al. 2022).

Back to the findings, of our study, which also showed that ADEM mainly occurs after the first dose of vaccination, this is different than the immune-priming pattern seen in myocarditis from COVID-19 vaccines, as they need two doses usually to produce this complication.

This pattern might be consistent with a cytokine rather than immune-mediated damage. Wu et al. described a subtype of ADEM known as acute necrotizing encephalitis which involves a personal susceptibility to CNS damage due to hypercytokinemia. (Wu et al. 2015).

Finally, yet importantly female patients were more likely to develop ADEM following COVID-19 vaccination compared to male patients. A study by Falahi et al., examined COVID-19 outcomes across both genders, and showed that female patients have a higher susceptibility to cytokine storm, and suggested that estrogen upregulates pro-inflammatory molecules, leading to an augmented inflammatory response in females. This might

consolidate the impression taken from dose pattern of post-COVID-19 vaccination ADEM, that it is mainly mediated via hypercytokinemia rather than auto-antibodies. (Falahi and Kenarkoohi 2021).

It is worth highlighting again as mentioned in the first paragraph of the discussion, that one of the most important limitations of this study that can hinder the solidity of our results; is the discrepancy in the number of cases across the two complications (ADEM and myopericarditis); with only 38 ADEM cases compared to hundreds of myopericarditis patients.

Figure 3 summarizes the differences outlined above between ADEM and myopericarditis developing following COVID-19 vaccines in view of our findings compared to the findings of Goyal et study (2023).

Conclusions

This review compares the demographic, vaccine types and dose characteristics of post-COVID-19 vaccines ADEM and Post-COVID-19 vaccines myopericarditis. Older age, predominance of female gender, and first dose implication all characterize ADEM compared to myopericarditis. And despite the rarity of these complications, they open new horizons in understanding post-vaccination complications and their underlying mechanisms. They might signify that aging can be protective against autoimmunity in the myocardium, but the same aging can jeopardize the BBB, rendering it more susceptible to delivery of antibodies and cytokines to the CNS. More studies at the molecular

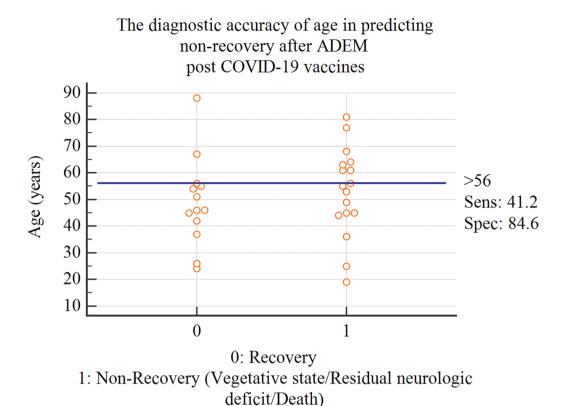


Fig. 2 The diagnostic accuracy of age in predicting non-recovery after ADEM post COVID-19 Vaccines. *ADEM* acute disseminated encephalomyelitis, *COVID-19* Coronavirus Disease 2019

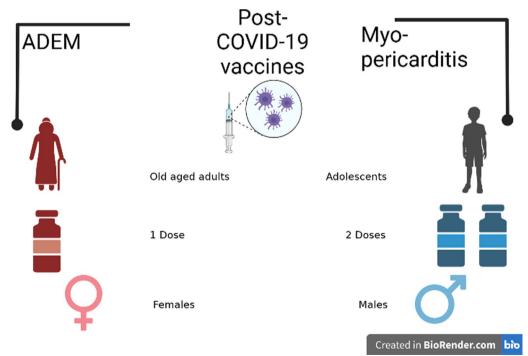


Fig. 3 Summary figure for comparison of age, sex, and dose characteristics of post COVID-19 myopericarditis vs. ADEM. ADEM: acute disseminated encephalomyelitis, COVID-19: Coronavirus Disease 2019

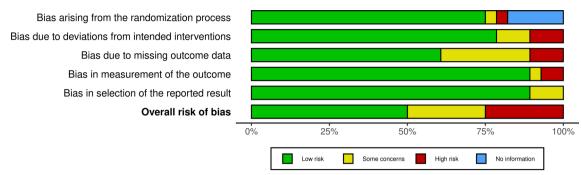


Fig. 4 Risk of bias assessment for our systematic review

level, should be implemented to confirm these findings and to prove that vaccine complications are not only determined by the vaccine type but also by the type of the target tissue. The findings highlighted by our study, can wipe out the public-based impression that mRNA vaccines are linked to higher complications in younger individuals, and can help in combating vaccine hesitancy especially toward a vaccine mechanism that might be very promising in the future for other infectious and non-infectious disorders. Risk of Bias assessment has been performed and illustrated in Fig. 4:

Abbreviations

Ad26.COV2. Janssen vaccine

ADEM Acute Disseminated Encephalomyelitis
BBB Blood brain Barrier

BBB Blood brain Barrier BBIBP-CorV Sinopharm

BCSFB Blood cerebrospinal fluid barrier
BNT162b2 Pfizer Biontech vaccine
CD Cluster of differentiation

ChadOx1 nCoV-19 Is a chimpanzee (Ch) adenovirus-vectored vaccine

(Ad), whose development was led by the University of

Oxford (Ox).

CNS Central nervous system

CoronaVac Sinovac

Covax Coronavirus vaccine initiative COVID-19 Coronavirus Disease 2019

CTLA4 Cytotoxic T-lymphocyte-associated protein-4

DCL Disturbed Conscious level

Gam-COVID-Vac Gam: Gamaleya, COVID-Sputnik Vaccine GCS Glasgow Coma Scale

IV Intravenous

IVIG Intravenous immunoglobulins

LL Lower Limb
MP Methylprednisolone
mRNA Messenger Ribonucleic acid
mRNA Messenger Ribonucleic acid
mRNA-1273 Moderna Spikevax vaccine

NR Not reported

PD-1 Programmed Death ligand 1

PP Plasmapheresis

VAERS Vaccine adverse events Reporting system

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As the primary author, I aimed to dedicate this piece of work to individuals whose perseverance remains unwavering in challenging circumstances and who value enduring friendships. The capacity to persist and endure adversity is a trait that can supersede any innate talent.

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Author details

¹Department of Pediatrics, Pediatric Cardiology Unit, Cairo University Children Hospital, Cairo University, Cairo, Egypt. ²Cardiac Sciences Department, Pediatric Cardiology Division, Sheikh Khalifa Medical City, Abu Dhabi, UAE. ³Department of Pulmonology, Faculty of Medicine, Cairo University, Cairo, Egypt. ⁴Clinical Pharmacy Department, Sheikh Khalifa Medical City, Abu Dhabi, UAE. ⁵Students' and Interns' Research Program (Research Accessibility Team), Faculty of Medicine, Cairo University, Cairo, Egypt. ⁶Students' and Interns' Research Program (Research Accessibility Team), Faculty of Dentistry, Cairo University, Cairo, Egypt. ⁷Pediatric Residency Program, Ministry of Health, Cairo, Egypt.

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