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Effect of eggshell powder application on the shear bond strength of bulk-fill resin composite to bleached enamel

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Abstract

Objective: To investigate experimental eggshell powder (ESP) solution application effect on shear bond strength (SBS) test timing of bulk-fill resin composite to bleached enamel.

Methods: Eighty bovine-extracted anterior teeth were alienated to eight groups ($n = 10$), representing shear bond strength test timing periods (immediate or delayed) and the remineralizing agents investigated (MI paste Plus and ESP solution). Enamel surfaces were bleached using in-office chemical bleaching agent and the two remineralizing agents were applied then self-etch adhesive and bulk-fill resin composite were performed at 24 h and 14 d before SBS test was done. One-way ANOVA followed by Tukey post hoc test was performed for statistical analysis.

Results: The control groups showed the highest mean values, while the bleached enamel groups recorded the least mean values. ESP bleached enamel group recorded a significantly higher mean SBS values than MI paste Plus bleached group. Delayed SBS groups showed higher mean values than immediate SBS groups except for control group.

Conclusions: ESP had a positive and significant effect on SBS of bulk-fill resin composite to bleached enamel surface. Delaying the bonding procedure and restoration of the bleached teeth using resin composite restorations results in a better bond durability.

Keywords: Eggshell powder, Shear bond strength, Bulk-fill resin composite, Bleached enamel

Background

Teeth bleaching has been playing a major role in cosmetic dentistry in the recent years. It represents one of the main patient's desires seeking a beautiful smile. Teeth bleaching had been proven to be safe, cost-effective as well as the most conservative method (Dutra et al. 2017). It has been considered the first choice for treating discolored teeth. However, sometimes it had to be used in conjunction with resin composites to achieve more esthetic results (Borges et al 2007). Nonetheless, a reduced resin composite immediate bond strength to

bleached enamel was reported (Cheng et al. 2019). Such reduction became an essential concern in the esthetic dentistry regarding the clinical applications involving resin bonding (Chuang et al. 2009). It has been stated that application of remineralizing agents later to bleaching procedures might affect the resin bonding to tooth structure and might reduce the post bleaching procedure adverse effects (Kharosthi and Ghazalgoo 2013). Therefore, several studies were published to understand the effect of remineralizing agents on early enamel carious lesions following bleaching procedures to reduce post bleaching side effects (Feroz et al. 2017).

Chicken eggshell powder (CESP) has been investigated in different fields of dentistry for its potential use. Eggshell is known to be a rich source of calcium, and it

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contains many other beneficial elements. It has been stated to be biocompatible and safe alternative for bone defects regeneration. It was reported that eggshell could be used as a remineralizing agent in the form of a solution as its constituents' mineral ions could diffuse into the superficial enamel surface causing obstruction to the surface porosities (Haghgoo et al. 2016).

Therefore, the present in vitro study was conducted to assess the application influence of eggshell solution on the immediate and delayed shear bond strength of a bulk-fill resin composite restoration to bleached enamel.

The null hypothesis was that the prepared eggshell powder solution had no significant effect on either immediate or delayed resin composite shear bond strength to bleached enamel surface.

Methods

Selected materials

The tested materials brand name, description, composition, and their manufacturers are recorded in Table 1.

Study design

A total of 80 bovine anterior extracted teeth were alienated to eight groups (*n* = 10), representing timing of shear bond strength testing (immediate/after 24 h and delayed/after 14 d) and the remineralizing agents investigated in the study (MI paste Plus and ESP solution) as follows:

Group A; Immediate SBS no bleaching (control).

Group B; Immediate SBS after bleaching.

Group C; Immediate SBS after bleaching + MI paste Plus.

Group D; Immediate SBS after bleaching + ESP solution.

Group E; Delayed SBS no bleaching (control).

Group F; Delayed SBS after bleaching.

Group G; Delayed SBS after bleaching + MI paste Plus.

Group H; Delayed SBS after bleaching + ESP solution.

Teeth selection and preparation

Eighty anterior bovine teeth were selected then scraped manually using scaler and under running tap water were washed to ensure complete removal of any residual debris or tissues. The teeth had their roots cut at the cementum-enamel junction with a double side-cutting diamond disc mounted at a low-speed hand piece. Pulpal tissues were removed with barded-broach then pink wax was used to seal the pulpal chambers. Silicon carbide abrasive papers of 1000–1200 grits were used under wet condition to have a standardized enamel flat surface.

Production of eggshell powder (ESP)

Calcination process was used to produce the ESP according to the protocol proposed by the World Property intellectual organization (WO/2004/105912: Eggshell powder production method: Methods of producing eggshell powder: Patents: US 20060062857 A1). Such process was performed to produce a pathogen-free pure powder of an increased alkalinity. The shells of 20 chicken eggs were cleaned using distilled water. The eggshells were then kept in a hot water bath at 100°C for 10 min followed by

Table 1 Investigated materials, description, ingredients, and manufacturer

Material	Description	Composition	Manufacturer
GC MI Paste Plus	Topical Tooth Crème with Milk Casein & Bio-available Calcium, Phosphate & Fluoride	Pure water, d-sorbitol, NaF 0.20% w/w (900 ppm F), Glycerol 10–20%, Phosphoric acid, Sodium carboxyl methyl cellulose (CMC-Na) 1–5%, Propane-1,2-diol 1–5%, Silicon dioxide, Titanium dioxide 1–5%, Xylitol, CPP-ACP, propylene glycol, Sodium saccharin, Ethyl p-hydroxybenzoate, Propyl p-hydroxybenzoate, Butyl p-hydroxybenzoate, Melon flavor	GC America Inc., IL, USA
WHITEsmile POWER WHITENING 40% YF gel	In-Office, chemically activated teeth whitening system	40% Hydrogen peroxide (32% mixed). 3-aminopropyl-diethylamine, N, N-diethyl-1,3-diaminopropane (< 1%), Flavor	WHITEsmile GmbH, Birkenau, Germany
Futurabond U	Dual-cured self-etch adhesive	Liquid 1: Camphorquinone, BHT, dimethacrylates, amine, fumed silica, acid-modified methacrylates Liquid 2: DC catalyst, water, ethanol	VOCO GmbH, Cuxhaven, Germany
X-tra fil	Bulk-fill hybrid resin composite	TEGDMA, UDMA, Bis-GMA, Inorganic filler particles: Oxide (86 wt.% / 70.1 vol.%), Glass, SiO ₂	VOCO GmbH, Cuxhaven, Germany

TEGDMA triethylene glycol dimethacrylate, UDMA urethane dimethacrylate, Bis-GMA bis-phenol-a glycidyl-methacrylate

membrane removal of the shells. Using a sterile mortar and pestle, the eggshells were crushed then heated at 1200°C in an oven and finally powdered into small-sized particles.

Production of ESP solution

One gram of ESP was liquified in 20 ml of 4% acetic acid (PioChem, Giza, Egypt) and then the clear solution formed at the top was collected and its pH was 12 (Shen et al. 2011).

Teeth bleaching procedures

The crowns of the prepared specimens were arranged on a clean dry glass slab. White smile chemical-activated bleaching gel was dispensed from the dual barrel syringe and the bleaching gel was applied to the entire labial surfaces of each tooth in a 1.5–2 mm thick layer. The gel was left undisturbed on the teeth surfaces for 15 min. Afterward, the bleaching gel was removed from the surfaces of the specimens using a dry piece of cotton. This procedure was repeated for three times to ensure a 45 min treatment of the bleaching agent.

Application of the remineralizing agents

GC MI paste Plus application, the assigned groups of the bleached specimens were subjected to GC MI paste Plus remineralizing agent application. The paste was applied using an application swap in a generous amount to the labial surfaces of the bleached specimens and left undisturbed for 30 min. Then, the cream had to be removed from the teeth surfaces with cotton rolls and rinsed with distilled water.

ESP solution application; the assigned groups of the bleached specimens were subjected to application of the experimentally prepared ESP solution. The solution was applied to the entire labial surfaces of the bleached specimens using small micro-brushes and the solution was left undisturbed for 30 min. The solution was then removed using cotton rolls from all teeth surfaces then rinsed with distilled water.

Adhesive system and bulk-fill resin composite application

The treated specimens were fixed using a small piece of double-side adhesive tape in copper molds (10 mm height × 30 mm length × 20 mm width). The labial surfaces of the treated specimens were directed downward. Then the teeth were mounted in self-cure acrylic resin (Acrostone, Acrostone Dental Factory, Egypt). After complete setting of the acrylic blocks, Futura-bond U single dose self-etch universal adhesive blisters was activated according to the manufacturers instruction by blister pressing so that the dispensing chamber would be filled with the liquid. Using a single Tim

applicator to apply 2 to 3 coats of the universal adhesive system, each blister foil was pricked, and a meticulous mixing of the adhesive was done for 2 s to reach a consistent mix. Afterward, the enamel surfaces were treated with the adhesive that was softly brushed over the enamel surfaces for 20 s followed by 5 s of gentle air-drying to adjust the film thickness and consistency. LED light-curing unit (Elipar S10, 3 M ESPE, USA) was equipped to light cure the adhesive layer for 10 s. LED curing unit had an intensity ≥ 1000 mW/cm². The LED curing device intensity was sporadically checked with portable radiometer (Demetron 100, Kerr Corporation, Orange, CA, USA).

Clear plastic tubes (2 mm diameter × 2 mm height) were placed at the cervical 1/3 of the labial surfaces of the prepared crowns of the treated specimens and then X-tra fil bulk-fill resin composite was packed inside each tube in one increment then a polyester strip and a glass slide were placed over the top surface of the resin composite and gently pressed. Light curing of the resin composite for 10 s was done as recommended by the manufacturers. The plastic tubes were carefully cut using sharp blade and the flashes of resin composite and adhesive extending beyond the base of each resin composite disc were carefully removed with the sharp blade. Prepared specimens were kept at 37 °C in tight-seal vessels till SBS testing.

Shear bond strength testing (SBS)

The acrylic-mounted specimens were attached to the lower jig of the universal testing machine (Shimadzu 5 KN, Autograph AG_X Plus, Japan) and a chisel-bladed metallic attachment was attached to the upper jig of the universal testing machine. Then, the chisel was carefully positioned as close as possible to resin composite/enamel interface. SBS test was run at 0.5 mm/min cross head speed up until failure. The maximum force is calculated in MPa.

Statistical analysis

Standard deviation and mean values were calculated for each group. Using Kolmogorov–Smirnov and Shapiro–Wilk tests; the given data were inspected for normality and it showed a parametric (normal) distribution. Tukey post hoc test preceded by One-way ANOVA was used to compare between more than two tested groups in non-related samples. Paired sample t test was utilized for comparison between two tested groups within related samples. IBM® SPSS® Statistics Version 20 for Windows was equipped for the statistical analysis, and $P \leq 0.05$ was set as the significance level.

Results

Table 2 showed One-way ANOVA results of the immediate and delayed SBS to bleached enamel following the two tested remineralizing agents (MI paste Plus and ESP solution) application. Regarding immediate SBS testing (SBS after 24 h); groups A, B, C and D showed a statistically significant difference at ($p < 0.001$). At ($p < 0.001$), a statistical significantly difference was found between group A and each of B, C and D groups. Group A (23.89 ± 0.51) had the highest mean value, while the least mean value was recorded for group B (7.33 ± 0.34). On the other hand, a statistical significantly difference was found between group C and D. Group D (11.67 ± 0.58) recorded a higher mean value than group C (9.44 ± 0.84).

Concerning the delayed shear bond strength testing (SBS after 14 d) results; A, B, C and D groups had a statistical significantly difference between them. A statistical significantly difference was found between group B and each of A and D groups. Nevertheless, there was no statistical significantly difference between any other groups. Group A (23.89 ± 0.51) had the highest mean value while the least mean value was recorded for group B (19.33 ± 1.21). Moreover, Group D (23.67 ± 1.15) recorded a higher mean value than group C (21.44 ± 1.02). For the effect of SBS test timing regardless of the application of the two tested remineralizing agents; B, C and D groups showed a statistically significant difference between (immediate SBS/ 24 h) and (delayed SBS/14 d) groups.

Table 2 Standard deviation (SD) and mean values of SBS for different groups

Groups	Shear bond strength (SBS)				p-value
	Immediate: after 24 h		Delayed: after 14 d		
	Mean	SD	Mean	SD	
Control	23.89 ^{aA}	0.51	23.89 ^{aA}	0.51	1 ns
Bleached enamel	7.33 ^{dB}	0.34	19.33 ^{bA}	1.21	0.002*
Bleached enamel + MI paste Plus	9.44 ^{cB}	0.84	21.44 ^{abA}	1.02	0.005*
Bleached enamel + ESP solution	11.67 ^{bB}	0.58	23.67 ^{aA}	1.15	0.002*
p-value	< 0.001*		0.002*		

Mean values with the same capital letters at the same row reveal non-significant difference

Mean values with the same small letters at the same column reveal non-significant difference

ns; non-significant ($p > 0.05$), *; significant ($p < 0.05$)

Discussion

Bleaching vital teeth has been considered one of the most effective methods to manage discolored teeth. It has been admitted as a conservative approach to gain esthetic effects rather than gaining any other treatment (Attia and Kamel 2019).

Several studies reported the benefits of using remineralizing agents next to bleaching procedures to reduce the post bleaching side effects. These studies used egg-shell powder in the form of a solution as a remineralizing agent to aid in remineralization of the enamel surface. It has been noted that following its application, the mineral ions could diffuse into the enamel superficial layer obstructing the enamel surface porosities (Feroz et al. 2017 and Haghgoo et al. 2016).

The null hypothesis was rejected as the tested ESP solution had a significant effect on both immediate and delayed SBS of the bulk-fill composite restoration to the surface of bleached enamel. The current study is the one of the earliest studies to investigate the effect of ESP on bonding to bleached enamel; thus, no literature was available for comparison with the results of our study.

The results of the current study revealed a statistically significant difference in the mean SBS value between all groups after 24 h (Immediate) and after 14 d (Delayed). The control group represented the highest mean SBS after both timings. The bleached enamel group represented lower mean SBS value compared to the control group after both 24 h and 14 d. This could be owed to the reduction in the enamel mineral content and reduction in the enamel prisms which occurs following the application of the bleaching agents to enamel surface (Dishman et al. 1994).

Furthermore, the poor quality of the enamel after bleaching procedures might have prevented the proper micromechanical interlocking between the adhesive/composite system and the bleached enamel surface (Mobarak et al. 2015).

It was documented that a significant reduction has occurred in the SBS when performing the bonding procedures on the surface enamel immediately following bleaching procedures (Vidhya et al. 2011). Such reduction could be attributed to the breakdown of hydrogen peroxide that caused the release of the free radicals in addition to alterations that occurred on the enamel structure and composition. The presence of that residual oxygen in the interprismatic spaces could impede and inhibits the polymerization and interferes with the resin infiltration (Guler et al. 2013).

Moosavi et al. (2015) and Cheng et al. (2019) agreed to our study. They stated that bleaching procedures caused a significant reduction on the SBS of the resin composites. Likewise, they added that the bond strength of the

restorations with the surface enamel could be affected with the peroxide concentrations.

Additionally, there was an increase in the mean SBS value of the bleached enamel group after 14 d (Delayed) compared to bleached enamel group after 24 h (Immediate). Such results indicate that more time is required to reduce or eliminate the effect of bleaching procedures on SBS values. This might be owed to the increased levels of residual oxygen generated that were accumulated in the bleached tooth surface (Torneck et al. 1991). This residual oxygen might have been leached out more significantly during the 2 w period leading to a decrease or even complete elimination of the inhibition of the resin polymerization and consequently higher SBS values.

Bulucu and Ozsezer 2007 were in accordance with our results. They reported that the specimens bonded 14 d after bleaching showed higher SBS mean values compared to those bonded after one week. They attributed their results to increasing the time needed to clear out the bleaching adverse effect on the SBS.

On the other hand, White et al. 2008 were in a contradiction with our study. They stated that performing bonding procedures 14 d following bleaching treatments using different peroxide concentrations had no influence on the bond strength of the resin composite. They owed their diverge results to the type of tested materials, whether the bleaching agents or the composite/adhesive system.

It was concluded previously that performing bonding procedures should not be carried out immediately after bleaching treatment and there should be a waiting period from one to three weeks to perform them (Cura et al. 2015; Yu et al. 2015) to overcome the draw backs of the bleaching procedure (Dishman et al. 1994). Since the etched enamel has a high surface energy then the oxidation reaction produced from bleaching might reduce that increased surface energy and might affect the wettability of the surface substrate by the action of hydrophobic bonding agents. That reduction in the SBS immediately after bleaching might be attributed to the chemical change on the surface enamel that might interfere with the acid-etch technique (Torneck et al. 1990).

Other studies found that the SBS could be improved if there is a waiting period after bleaching to start proceeding for a restoration placement (Hussain and Wang 2010 and Lago et al. 2013). Shinahara et al. 2004 and Van der Vyver et al. 1997 stated that two weeks are the best time to start restoring the tooth structure after performing bleaching procedure to improve the bond strength between the resin composite and the enamel surface.

The results of that study showed that there was increased mean immediate and delayed SBS values in both bleached enamel groups followed by the

application of MI paste Plus and ESP solution compared to the bleached enamel groups. This might be due to the application of remineralizing agents following bleaching procedures, which might have reduced bleaching drawbacks through alteration of the chemistry of the bleached tooth surface. These results were in an agreement with Mobarak et al. 2015. The authors tested the influence of using remineralizing agents on the bond strength of resin composite. They reported that remineralizing agents could regain the enamel bonding to a comparable level in comparison to sound enamel.

MI paste Plus consists of (CCP-ACP) casein phosphopeptide-amorphous calcium phosphate plus sodium fluoride. CCP-ACP has been found to be superior in reducing the caries risk. In addition, it stabilizes the calcium and phosphate ions and serves as reservoir of small clusters to enhance remineralization and control demineralization. Moreover, the presence of the fluoride within the CCP-ACP could enhance fluorapatite formation. Moreover, it was reported that ACP can produce a layer of hydroxyapatite on enamel surface (Moule et al. 2007) and it might have a re-hardening influence on tooth structures as well. Khoroushi and Ghazaloo 2013 stated that application of remineralizing agents following bleaching procedures could influence the bond strength between the resin composite and the tooth structure. Furthermore, it was assumed that the enamel surface regains its hardness when the remineralizing agent was applied after bleaching treatment (Kutuk et al. 2018).

CESP is regarded as the best natural source of calcium. The increased pH of CESP might have increased the activity of the phosphate and hydroxyl ions present in the solution. Hereafter, the remineralization will be much improved (Mony et al. 2015). It was stated that eggshell solutions could be used as a remineralizing agent as well as an adjunct to nano-hydroxyapatite and fluoride since it is a rich source of calcium, phosphorus, and many other elements (Haghgoo et al. 2016). The results of the current study revealed increased SBS values in the (Bleached enamel and ESP solution) group compared to (Bleached enamel and MI paste Plus) group at both timing periods. This might be due to the high remineralizing potential of ESP solution. The calcium and phosphorus ions can raise the hydroxyl-apatite saturation level which could be influenced by the concentration of the calcium existing in the surrounding environment. The higher the calcium and phosphorus concentrations, the higher the hydroxyl-apatite saturation level. This elevated calcium and phosphorus concentrations could result in a rapid precipitation of these ions within the bleached enamel porosities which in turns might affect the bonding results (Asmawati 2017).

Finally, one must admit that the effect of the investigated remineralizing agents after enamel bleaching on the physical properties of resin composite restorations remains controversial till this day.

Conclusions

Regarding the limitations of the current *in vitro* study, the following could be concluded: ESP solution has a positive significant effect on the SBS of resin composite restorations to bleached enamel surface. ESP solution represents a powerful remineralizing agent that can successfully restore the quality of the bleached enamel surface. Delay of the bonding procedure and restoration of the bleached teeth using resin composite restorations is highly advised for better bond strength.

Abbreviations

ESP: Eggshell powder; SBS: Shear bond strength; CESP: Chicken eggshell powder; TEGDMA: Triethylene glycol dimethacrylate; UDMA: Urethane dimethacrylate; Bis-GMA: Bis-Phenol-A glycidyl-methacrylate.; LED: Light-emitting diode; CCP-ACP: Casein phospho-peptide-amorphous calcium phosphate.

Acknowledgements

Not applicable.

Authors' contributions

LM developed the original idea, main conception and constructed the study design. LM executed the study methodology and conducted the mechanical tests of the study, interpreted the results, participated in writing of the manuscript, and revised the final presented manuscript. SN was responsible for teeth preparation and manuscript writing. All authors read and approved the final manuscript.

Funding

Not applicable.

Availability of data and materials

The authors declare that the data supporting the findings of this study are available within the article.

Declarations

Ethics approval and consent to participate

Not applicable.

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

Received: 30 October 2021 Accepted: 5 December 2021

Published online: 15 December 2021

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